



Ready, Set, Learn BC!!

# Welcome to Kindergarten

What I need to know to help my child to be ready for Kindergarten.



# Ready Set Learn BC...

- Intended for families and their three- to five-year-old children
- Is all about providing good information about how to support a young child's early learning and development
- Developing positive connections between families, the school system and local community agencies
- BC Government Ministry Initiative

# Talking to with your child...



**Tune In** by paying attention to what your child is communicating to you.

**Talk More** with your child using descriptive words to build his vocabulary.

**Take Turns** by encouraging your child to respond to your words and actions.

# Go for a walk and talk





# Let your child play...



# Play is...

- spontaneous
- voluntary
- pleasurable
- flexible activity involving a combination of body, object, symbol use and relationships
- is more disorganized

# Rules for Spontaneous Play

- Play by themselves or with friends-doesn't always have to be adult directed or directly supervised
- Does not have to be costly
- Let your imagination run
- Designate an area in the house that can be used for play and creation

# Play helps to develop social and emotional skills

- Learn social skills, negotiation, interactions, joining in,
- When things don't go as planned
- Big feelings – practice self control, empathy and how to get support and give it
- Solve their own problems
- Emotions – learn to recognize facial and body cues
- Calming or self soothing – Stuart Shanker



# Help your child learn independence by:

## Teaching your child how...

- to put his/her own coat on
- to do up his/her coat
- to put his/her shoes on



# Help you child learn independence by:

Teaching your child...

- how to zip and unzip his/her backpack
- choose a snack to eat from his/her lunch
- how to open and close containers



# Read, Read, Read to your child...



# Talking with your child...



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