



École Centennial Park Elementary School

Reminders for the week of: September 11– September 15

Monday	Kindergarten gradual entry
Tuesday	Kindergarten gradual entry
Wednesday	Kindergarten gradual entry
Thursday	Kindergarten gradual entry
Friday	Kindergarten gradual entry
	Click on the link to our school website NewsHub for detailed information about our school: https://centennialpark.abbysschools.ca/hub
Upcoming Dates to Note	<p>September 18 – Kindergarteners start full days!</p> <p>September 28 – Hot Lunch (see upcoming PAC emails and Facebook page for more information)</p> <p>September 29 – Professional Development Day (no school for students)</p> <p>October 2 – National Day for Truth and Reconciliation (in lieu - no school)</p> <p>October 6 – Individual school photos</p> <p>October 9 – Thanksgiving Day (no school)</p> <p>October 18-19 Parent/Teacher Conferences (early dismissal days)</p>

Our First Week Back!

It has been such a wonderful start to the school year! 😊 We have been able to welcome so many new students to our school, and it has been fabulous to see our returning students as well! I know that this year has been a bit different than previous years, with the uncertainty about classes. We feel that, too! We are working as hard as we can to get things settled. We have been able to get our French classes set today, and our goal is to be able to say the same about our English classes on Monday. Thank you so much for your understanding, as there are factors out of our control delaying the process. Please direct any questions or concerns to Mrs. Petzold at the office!

Meet the Teacher evening

Sometime in the next few weeks we will be having a Meet the Teacher evening, to give you an opportunity to come and see the school, meet your child's teacher, and perhaps say hello to previous teachers. 😊 I'll send more information as we confirm when that will be.



Lost and Found

Look how mostly empty our Lost and Found is right now! We will do our best to reunite our students with their belongings, but please feel free to check out the Lost and Found if you know your child has misplaced something. I'll send out pictures every month or so to help items find their "home". 😊



Family Supports and Workshops

Being a parent or caregiver is the toughest job out there! Sometimes we need extra supports so that we can better help our struggling little ones (or not so little ones!). Whenever I get information about parent groups that are offered in our community, I'll be sure to pass them along to you – both in the newsletter, and on our school website in the News Hub. Below are two flyers outlining some of the workshops that are available over the next few months. Please check them out if you are interested!

FamilySmart
Together-Centred

FamilySmart
Help
for the
Hard
Times
WORKSHOP

SUPPORT
FOR PARENTS
AND CARERS

Supporting Families After a Mental Health Crisis

"Hearing from other parents who have navigated these challenges themselves, was a real gift. The information was practical, but it also seemed more believable because it came from experienced parents. I wanted to BELIEVE that things would be OK, and that I will find a way to support my daughter. The workshop gave me this belief."

TOPICS INCLUDE:

- How to support a safety plan at home
- How to take care of yourself and family after a crisis
- How to find the resources you need

Offered monthly for B.C. families. Free but registration required.

Foundation familysmart.ca/workshops

'in the know'
Connect and Learn

For families and caring adults who are parenting a child or youth with mental health and/or substance use challenges.

EVERY MONTH, WE HOST EVENTS FOR FAMILIES CALLED 'IN THE KNOW'. WE WATCH A VIDEO AND SHARE EXPERIENCES AND STRATEGIES THAT HELP IN THE HARD MOMENTS. WE HELP FOCUS ON STRENGTHENING OUR UNDERSTANDING AND CONNECTION WITH OUR KIDS.

Mental Health and Preparing for the Transition to Post Secondary

It can be an exciting time for our kids when they are deciding how and when to pursue post secondary opportunities after high school. When our young people have had challenges to their mental health this transition can sometimes be met with additional concerns. What can be put in place before school starts? Is it okay to take fewer courses?

Come together with other families to watch this 30 minute video presentation followed by a 45 minute facilitated discussion by a FamilySmart Parent Peer Support Worker.

FamilySmart
Together-Centred

Cost: Free of Charge

Date(s):

- Tuesday, September 12, 2023, 6:00pm (PST)
- Wednesday, September 13, 2023, 6:30pm (PST)
- Tuesday, September 19, 2023, 6:30pm (PST)
- Thursday, September 21, 2023, 12:00pm (PST)
- Thursday, September 28, 2023, 6:00pm (PST)

Registration required:
www.familysmart.ca/events